



# ADVENTURE EDUCATION - concept and good practices

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"IF YOU THINK ADVENTURE IS DANGEROUS,  
TRY ROUTINE. IT'S LETHAL."

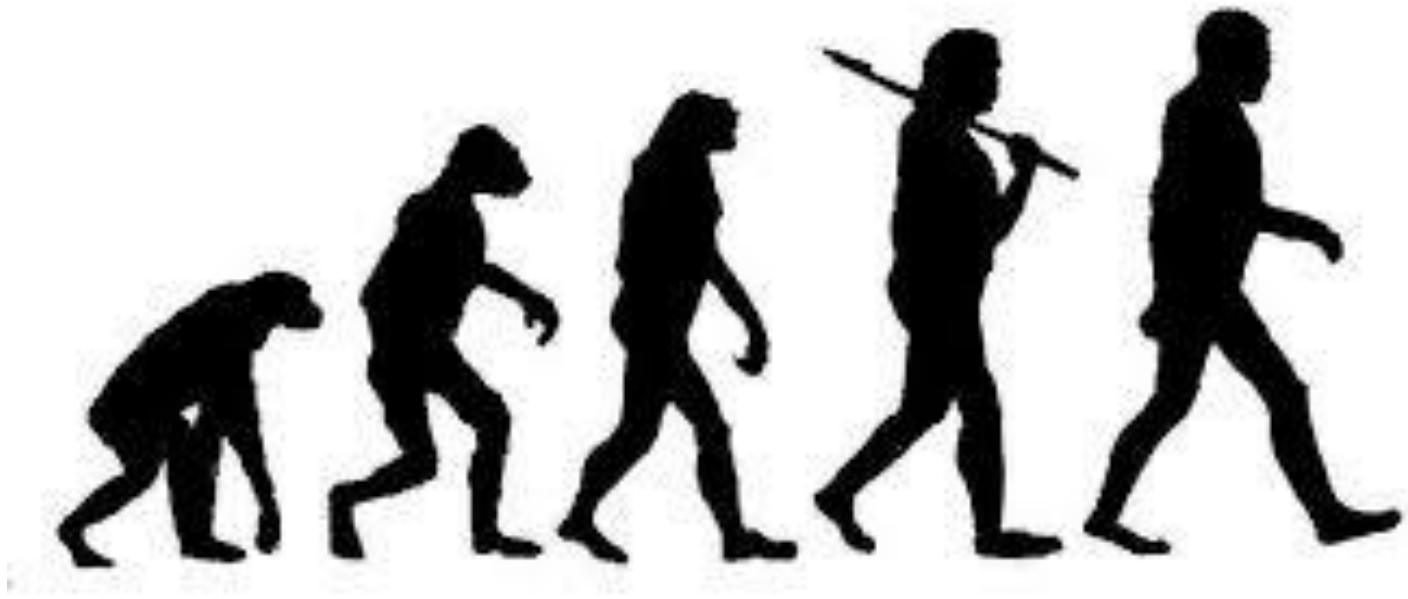
- PAULO COELHO



What does learning  
mean: accumulating  
knowledge or  
transforming your  
life?

*Paulo Coelho*

*Adventure is a way of life*



# Interrelationship



# Concepts

The simulated facilities of adventure learning help the development of knowledge,, mental skills and creativity

Adventure learning

**Adventure education** – focuses on growth and development through activity. It takes place in an environment intended to suggest real life. Adventure education improves motor and psychical capacities by exploring real circumstances

**Experiential education** lays the basis of learning education. It targets the guided participation of the subject/group in various activities in real or simulated environment. It also shares these activities as a result of a reflection process which aims to identify learning opportunities to be applied in practice.

Experiential education

ACTIVE,  
CREATIV AND  
ATTRACTIVE  
EDUCATION

Adventure education

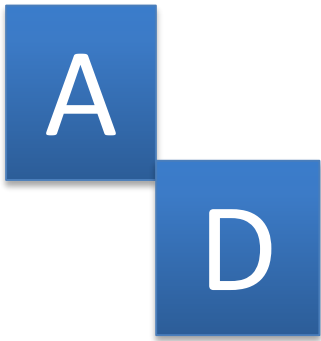
**Why do we need to modernise  
and make more attractive the  
education process?**





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- **Positive attitude**
- **Aptitudes**
- **Adaptation**
- **Active life**



- **Discovery**
- **Diversity**
- **Dynamic living and thinking**
- **Democratic leadership**



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- **Values**
- **Verbal and nonverbal communication**



# ADVE

- **Explore**
- **Experimentation**
- **Environment**
- **Empaty**
- **Enjoyment**



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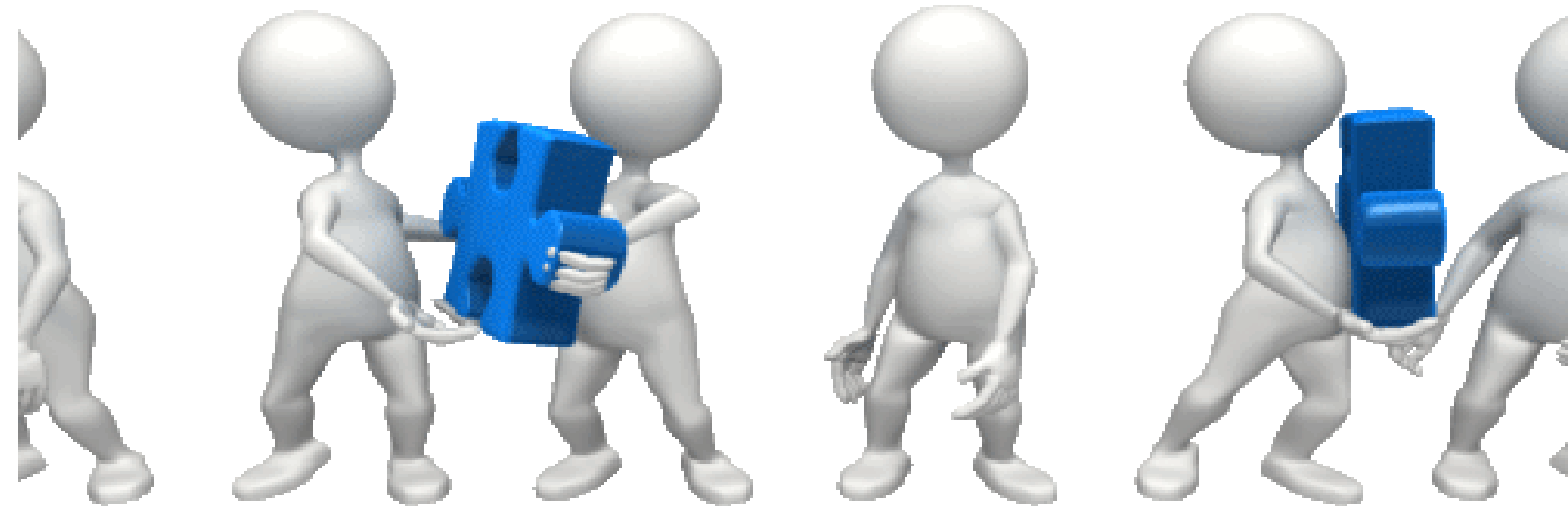
- **Norms: social and cultural (lifestyle, self image, priority, heritage, religion)**

- **New challenges**



# A D V E N T

- **Team work**
- **Trust**
- **Therapy**
- **Technology**  
(simulators, video)
- **Creative thinking**



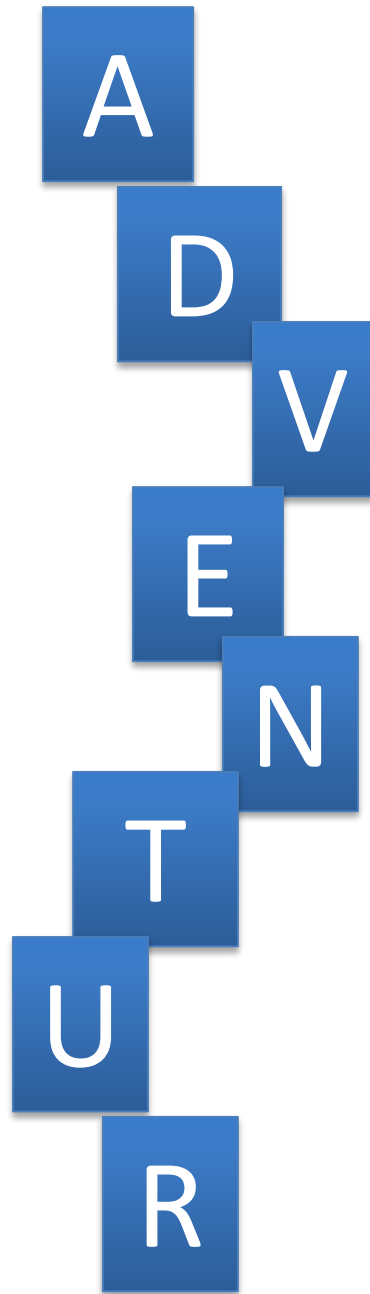
# A D V E N T U



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- **Unlimited – push mental and physical limits**
- **Unique experiences based on choice, self confidence and problem solving**



- **Responsability**
- **Asumed risks**
- **Respect**
- **Reflecting**
- **Recreation**
- **Results**
- 



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**„Education is not preparation for life,  
education is life itself” (John Dewey)**

# Adventure activity classification



# Adventures on land



Mountaineering



Rock climbing



Skiing



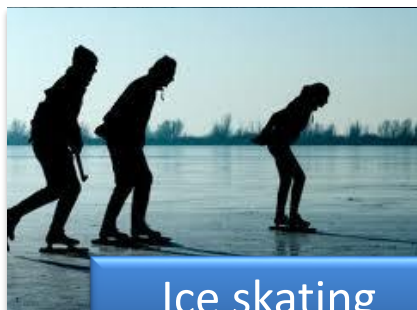
Heli-skiing



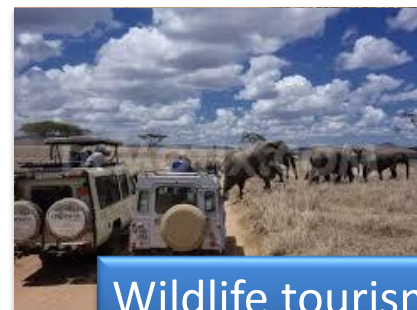
Safari



Trekking



Ice skating



Wildlife tourism

# Thrill in the air



Bungee jumping



Ballooning



Parachuting

Hang gliding



Paragliding

# Water activities



White water  
rafting



Kayaking



Canoening



Water skiing



Angling/fishing



Sailing



Wind surfing

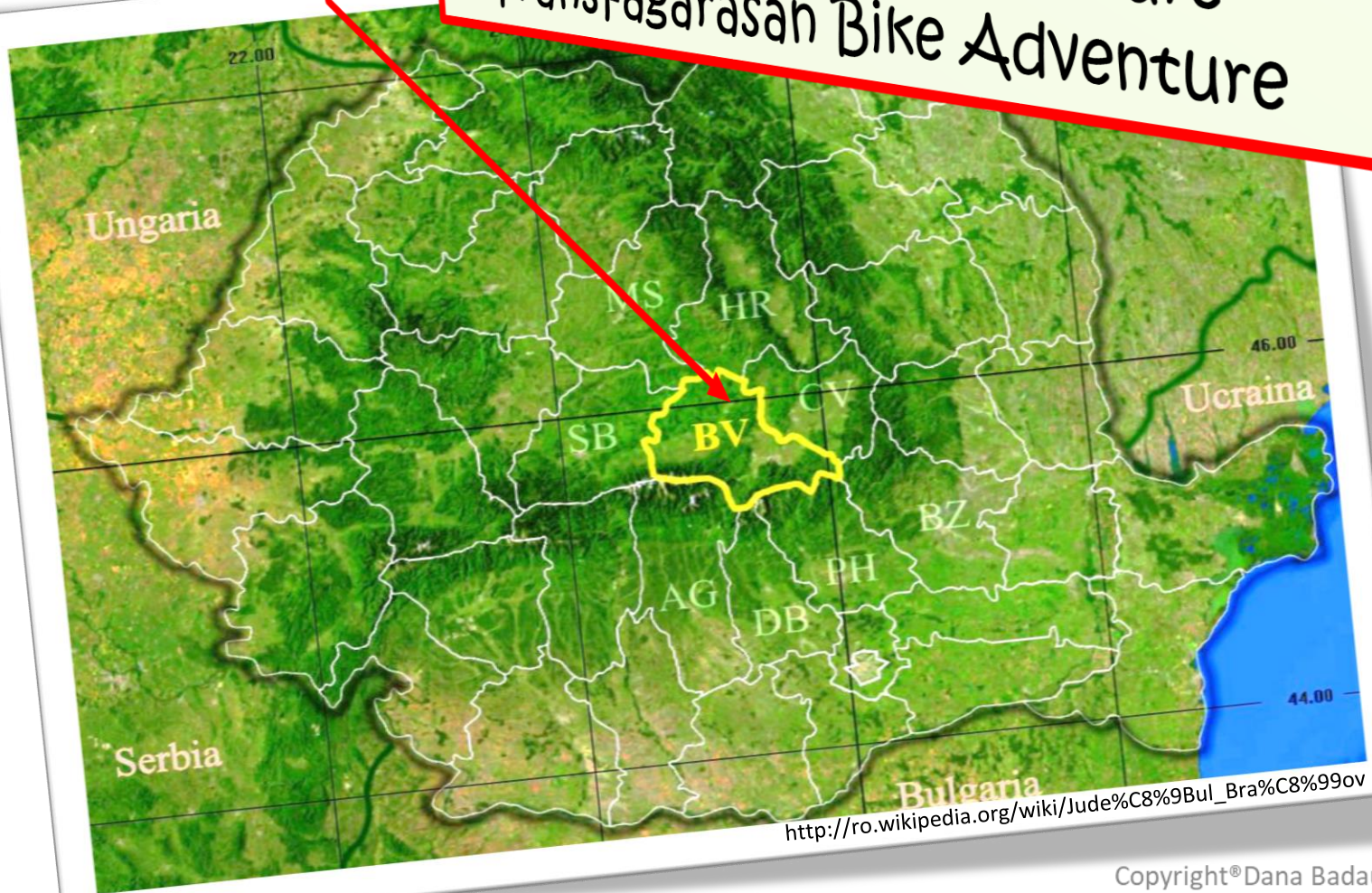


Scuba diving

From theory to practice



- Three days with three challenges:*
1. Park Adventure Brasov Challenge
  2. 7 Stairs Canyon Adventure
  3. Brasov Photo Trip Adventure
  4. Transfagarasan Bike Adventure



[http://ro.wikipedia.org/wiki/Jude%C8%99Bul\\_Bra%C8%99ov](http://ro.wikipedia.org/wiki/Jude%C8%99Bul_Bra%C8%99ov)

# Brasov Photo Trip Adventure



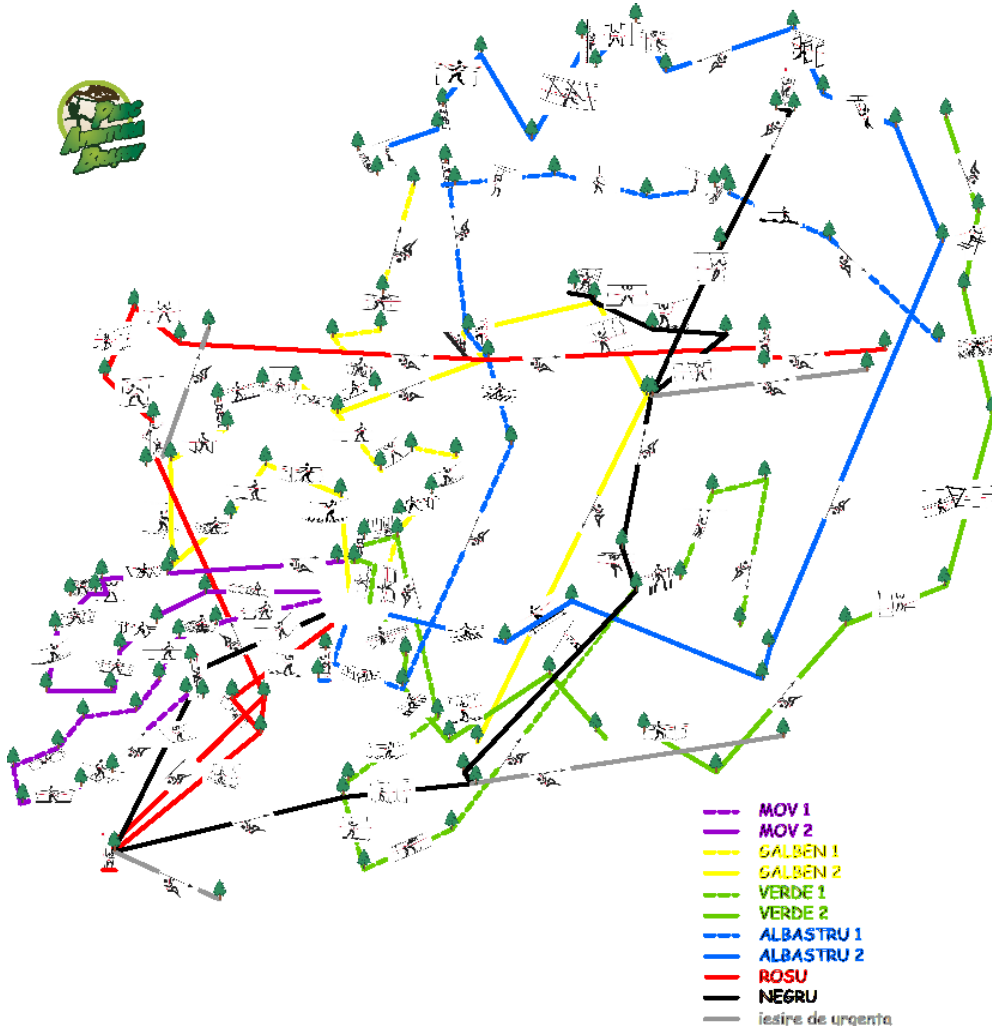
- **Description:** The teams will have to identify and take pictures of the 20 objectives marked in the guide—book and in the city map. Pictures will be taken with the personal cameras of the participants. At the end of the contest the pictures will be delivered to the organisers.
- **Evaluation:** Time needed to cover the route will be measured. Whole timing route will be turned into points. More points will be added for each picture containing the identified objectives. These must also contain all the members of the team.

# Brasov Photo Trip Adventure





# PARK ADVENTURA BRASOV CHALLENGE



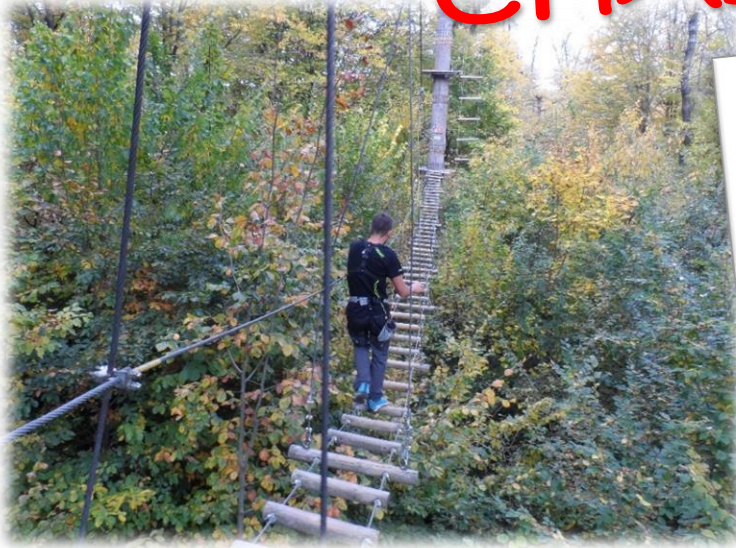
- **Description:** Each team will have to cover 3 routes of different difficulties: green, blue and red.
- **Evaluation:** Time will be measured for the coverage of the 3 routes. Whole timing route will be turned into points. In case one member of the team does not cover the whole route, the team will be downgraded.



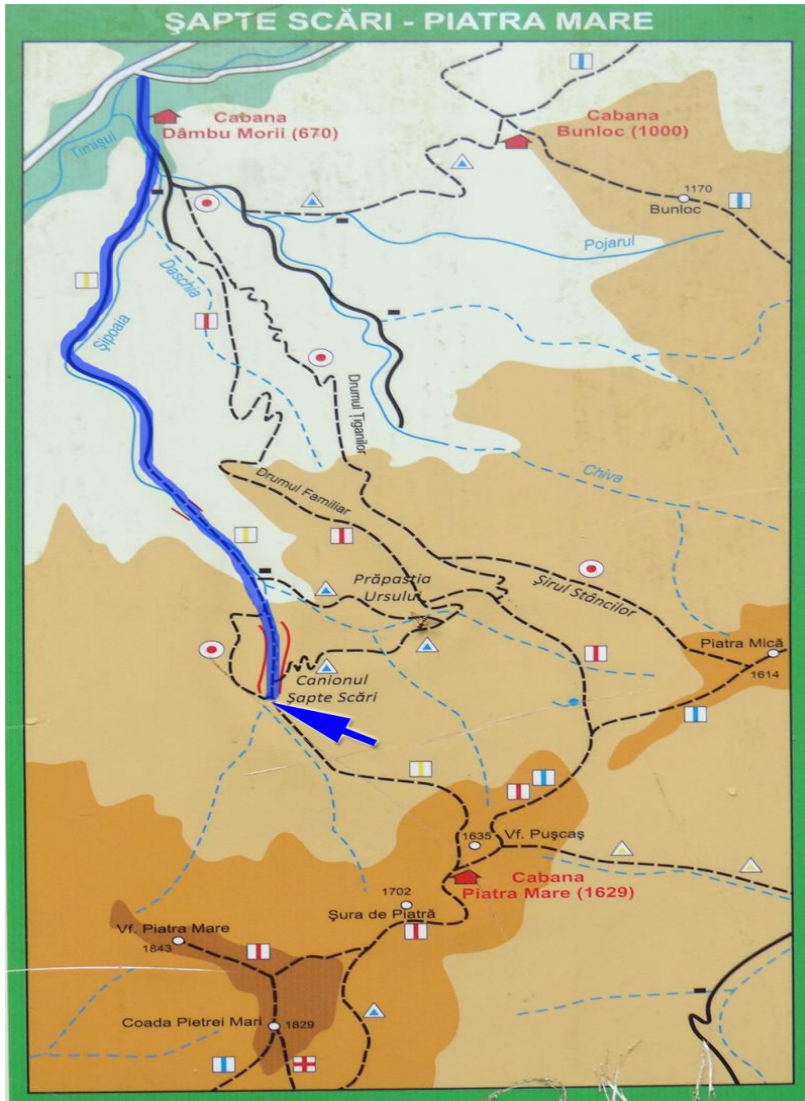
# PARK ADVENTURA BRASOV CHALLENGE



# PARK ADVENTURA BRASOV CHALLENGE



# 7 Stairs Canyon Adventure

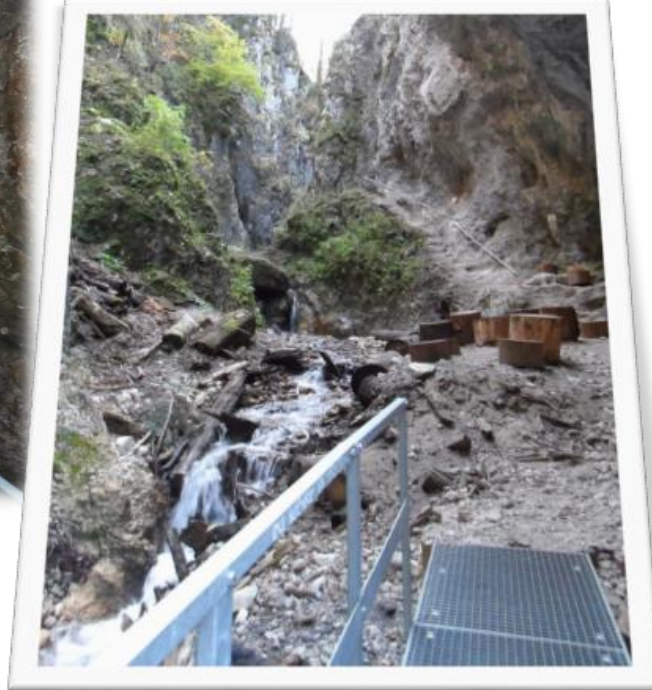


- **Description:** The first part of the route means walking 3.1 km through forest, then climbing the canyon. The way back will be covered by help of the flying fox (2.5 km with 21 parts) Along this route there will be placed some check-points, where the participants will have to fulfil some specific tasks
- **Evaluation:** Total time will be measured and it will be turned into points. Extra points will be awarded for the fulfilment of the check-point tasks.

# 7 Stairs Canyon Adventure



# 7 Stairs Canyon Adventure

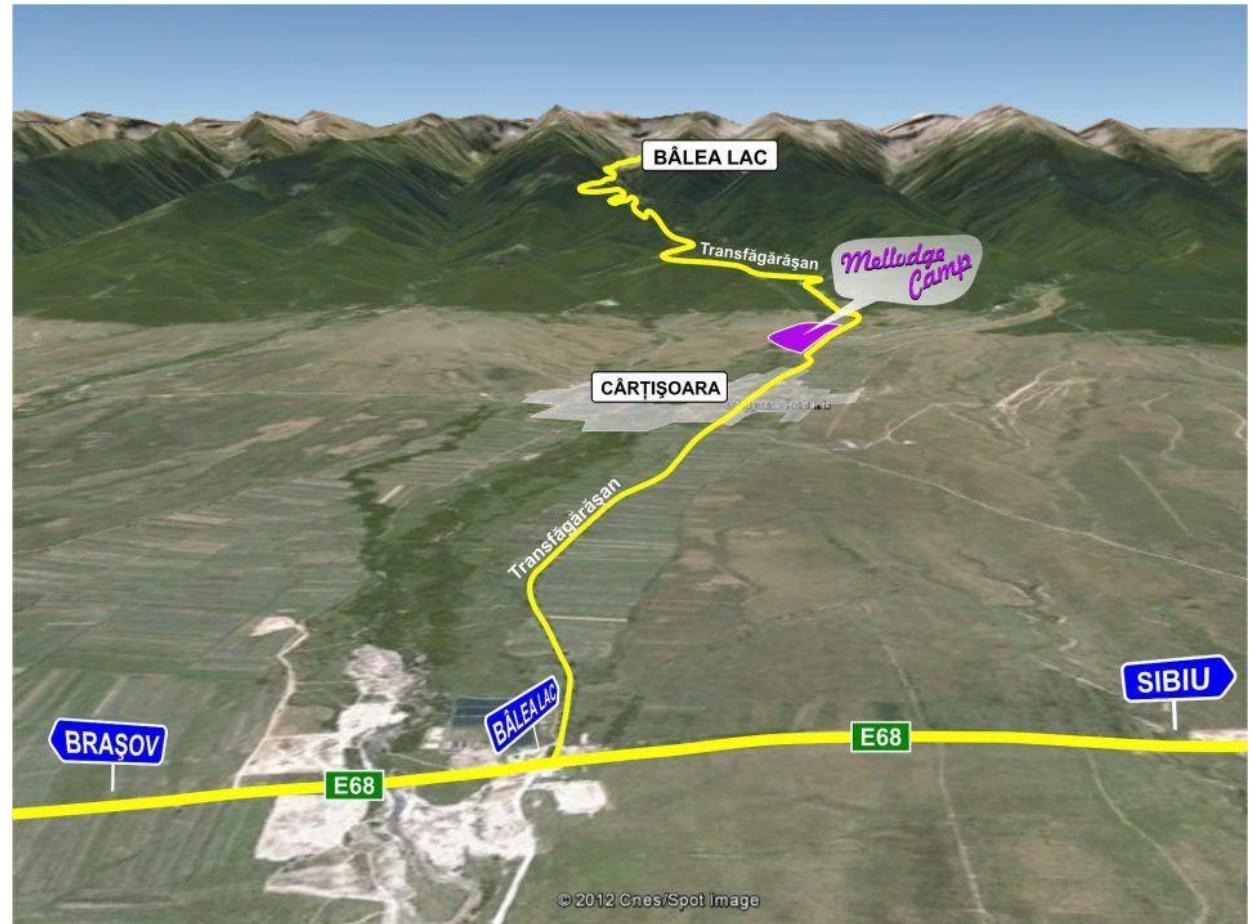




# “Transfagarasanul” Bike Adventure



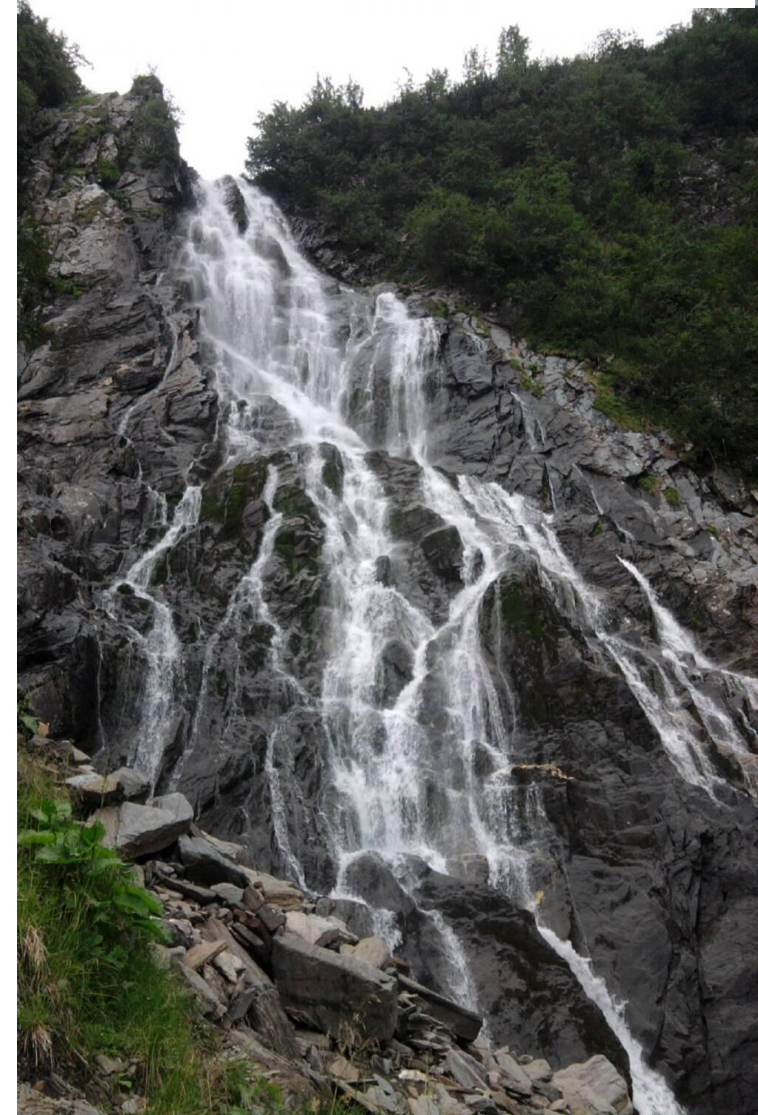
- High effort
- It is for **people with an excellent level of fitness and very good health.**
- Our trek consists of passing half of the Transfagarasan route – 33 km (Sibiu- Bilea lac) by bike, fallwater. Bilea – the biggest of Romania – country life on sambata de sus la helghelia de lipitani -
- Suggested preparation: One hour of aerobic type exercises, four to five times a week for three to six months prior to departure



# Transfagarasanul” Bike Adventure



# Transfagarasanul” Bike Adventure



That which divides us ...



... is simply the mind.